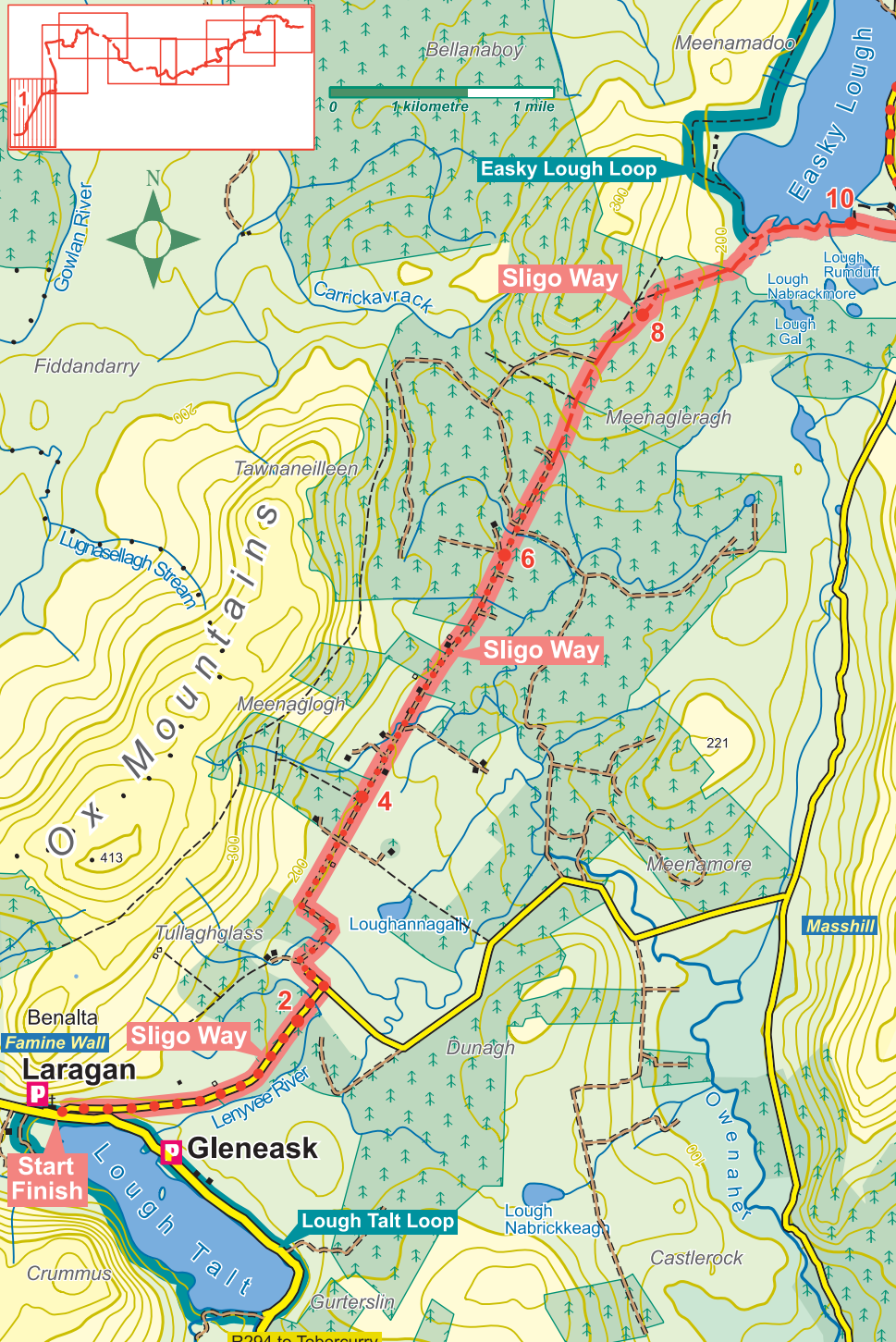


0 1 kilometre 1 mile



Start Finish

Laragan

Sligo Way

Gleneask

Lough Talt Loop

Sligo Way

Sligo Way

Easky Lough Loop

Masshill

R294 to Tobercurry

Benalta
Famine Wall

Crummus

Fiddandarry

Ox Mountains

Tullaghglass

Gurterslin

Cowlan River

Lugasellagh Stream

Loughannagally

Dunagh

Carrickavrack

Tawnaneilleen

Lough Nabrickkeagh

Castlerock

Meenagleragh

Meenaglogh

Meenamare

Meenamadoo

Bellanaboy

Lough Rinduff

Lough Nabrackmore

Lough Gal

Easky Lough

221

413

200

300

200

300

200

10

8

6

4

2

1

10

10