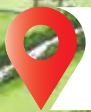


BALLYMOTE HERITAGE TRAIL CO. SLIGO



Location of Trailhead
Lat: 54.090220 - Long: -8.520230

#sligowalks



Follow Sligo Walks on social media for walking news, events and competitions.

Safety Notice:
If you require the help of the emergency services please call 999 or 112 and ask for Mountain Rescue. Visit www.SligoWalks.ie for safety videos and advice on how to prepare for a hike and what to do in the event of an emergency.



Did You Know:
Andrew Kerins, who later became Brother Walfrid, was born outside of Ballymote and was the founder of the Glasgow Celtic Football and Athletic Club in 1888. Celtic FC remains one of the most popular clubs for Irish football supporters, and a statue of Brother Walfrid is located along the trail outside of Ballymote train station.

Ballymote Heritage Trail

Walk Category: Urban
Format: Linear urban trail
Grade: Easy
Terrain: Path, road
Waymarking: None
Trailhead: Ballymote Community Park
Length: 3.5km
Ascent: 10m
Time: 1 hour
Minimum Gear: Sturdy walking/trekking shoes, phone and fluids hi-vis jacket
OSI Map: Series 25
Services: Ballymote
Public Transport: Bus 977
Visit www.buseireann.ie or www.localink.ie for timetables.

Sligo - Dublin train.
Visit www.irishrail.ie

Parking: Roadside parking town centre.



Ballymote Heritage Trail

*Is trom an t-ualach an t-aineolas
- ignorance is a heavy burden (Irish Proverb).*

Description:

A delightful walk which links some of Ballymote's most important historical sites. From being where the priceless Book of Ballymote was written in c1391 AD to becoming a strategically important town in the Middle Ages, and more recently the birthplace of the founding father of Celtic FC, Ballymote has had an interesting and diverse past. Many of the locations linked with the town's history are dotted along this relatively flat walk.

Route:

Starting in the centre of the village at Ballymote Community Park, the gravel footpath brings you past the ruins of the Franciscan Friary – known locally as the Abbey – then to the 14th century Ballymote Castle and on towards a newer section of the walk past the old Corn Mill and then to Emlaghfad Church. This follows the ancient route of Bóthar an Chorráin, which led to the Curlew Pass, an area of great strategic importance during the Middle Ages. From this point the trail loops back towards the town of Ballymote and the starting point.



Note that some of this walk accesses a road so be careful with vehicular traffic and wear hi-visibility clothing.

Ballymote Heritage Trail

Urban Trail

www.sligowalks.ie