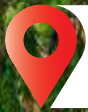
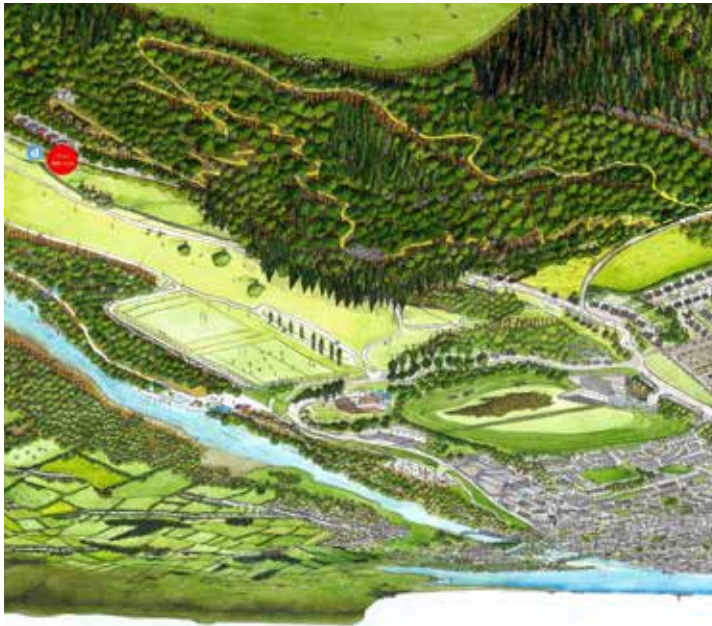


# CARNS HILL, CO. SLIGO



Location of Trailhead  
Lat: 54.256772 - Long: -8.447745



**Carns Hill**

**Walk Category:** Woodland

**Format:** Looped forest trail

**Grade:** Moderate

**Terrain:** Forest trail

**Waymarking:** Red and blue arrows

**Trailhead:** Roadside carpark

**Length:** 1.3 km looped trail

**Ascent:** 20m

**Time:** 1 hour

**Minimum Gear:** Sturdy walking/trekking shoes, phone, fluids.

**OSI Map:** Series 25

**Services:** Sligo

**Public Transport:** Bus/train to Sligo. Walk accessible either by foot or publicly accessible electric bike via Cleveragh Regional Park. Visit [www.buseireann.ie](http://www.buseireann.ie) or [www.irishrail.ie](http://www.irishrail.ie) for timetables.

**Parking:** Small car park Holy Well Rd. Sections of this route cross Colliete property. For up to date information on diversions/closures due to tree felling, please visit [www.CollieteOutdoors.ie](http://www.CollieteOutdoors.ie)

**Please Note:**

**Carns Hill**

*Is maith an scéalaí an aimsir.  
 -weather is a good storyteller (Irish Proverb).*

**Description:**

Located just a short walk or drive from Sligo town, Carns (or Cairns) Hill overlooks Cleveragh Park and Doorly Park – two fine urban walks located adjacent to Lough Gill. With time and planning, you can incorporate this walk into the other two, and a pedestrian access point is provided from Cleveragh Park. From here you can easily access the town centre via the Garavogue River Trail.



**Route:**

There are 2 looped walks, both of which can be accessed via the Holy Well Road, located just minutes from the centre of Sligo. A short uphill walk brings you from the car park to a fork in the path. Follow the left hand path if you want to take a shorter walk, which brings you past a cave feature. The path to the right brings you through the main woodland area, including an upland section which brings you to the location of a hillside cairn, from which the area got its name. Note that this cairn – along with another on a nearby site - is a national monument and therefore care must be taken to respect this by following the instructions on the adjacent signage.

**Did You Know:**

The tradition tells us that the two Neolithic cairns found deep in the woods here are the final resting places of Omra and Romra, two mythological figures who died in combat, after which nearby Lough Gill was formed from the tears of Gille. Sligo is home to more than 100 of these types of monuments, which are protected by the State.



**Safety Notice:**

If you require the help of the emergency services please call 999 or 112 and ask for Mountain Rescue. Visit [www.SligoWalks.ie](http://www.SligoWalks.ie) for safety videos and advice on how to prepare for a hike and what to do in the event of an emergency.

Follow Sligo Walks on social media for walking news, events and competitions.