

# KILLASPUGBRONE, CO. SLIGO



Location of Trailhead  
Lat: 54.270569 - Long: -8.609312



# Killaspugbrone



Sections of this route cross Collitte property. For up to date information on diversions/closures due to tree felling, please visit [www.CollitteOutdoors.ie](http://www.CollitteOutdoors.ie)

Please Note:

Take care when walking past the airport and do not pass through the perimeter fencing that surrounds the runway.

Parking:

Main car park Strandhill.  
Visit [www.buseireann.ie](http://www.buseireann.ie) or [www.locallink.ie](http://www.locallink.ie) for timetables.

Public Transport:

S2 bus Strandhill - Sligo - Rosses Point.

Services:

Strandhill

OSI Map:

Series 25

fluids.

Minimum Gear:

Sturdy walking/trekking shoes, phone,

Time:

1.5 hours

Ascent:

30m

Length:

6.8 km

Trailhead:

Strandhill Village

Waymarking:

Purple arrows

Grade:

Beach, forest trail, road

Format:

Looped coastal trail

Walk Category:

Coastal

## Killaspugbrone Coastal Walk

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*Ní bhriseann focal maith fiacail riamh.*  
*- a good word never broke a tooth (Irish Proverb).*

### Description:

This is a stunning walk through a variety of coastal habitats including sand dunes, salt marshes and pine woodland. It passes by Killaspugbrone Church, an early Christian site with historic and legendary associations. The route provides unrivalled ocean views across to Benbulbin, while Knocknarea rises nearby, providing an extra optional dimension to this walk.

### Route:

Park in the village of Strandhill and make your way past the cannon on the foreshore, taking the eastern path through Strandhill Camping and Caravan Park. Keeping to the dune paths, the walk meanders past the end of the runway at Sligo Airport, then past Killaspugbrone Church and onto a small beach that leads to a pine forest. Continuing past Dorrins Strand you access a minor road which leads you to the edge of Strandhill Village, where you turn right along roadside paths to return to the starting point.



### Did You Know:

Killaspugbrone Church was founded by Bishop Bronus, a follower of Ireland's Patron Saint Patrick. According to local folklore, Patrick came to visit in the fifth century. When crossing from nearby Coney Island, he tripped and fell, losing a tooth. This became part of a religious relic, which is now preserved in the National Museum of Ireland. However, the tooth has never been found.



### Safety Notice:

If you require the help of the emergency services please call 999 or 112 and ask for Mountain Rescue. Visit [www.SligoWalks.ie](http://www.SligoWalks.ie) for safety videos and advice on how to prepare for a hike and what to do in the event of an emergency.

Follow Sligo Walks on social media for walking news, events and competitions.

**Note:** When you reach Sligo Rugby Club you'll pass the entrance to the Queen Maeve Trail, an additional 8km looped trail that leads you to the summit of Knocknarea.