

KNOCKNASHEE, CO. SLIGO



Location of Trailhead
Lat: 54.11675 - Long: -8.669593



Did You Know:

An area of exposed rock on the southern face of the hill is known locally as the wishing chair and it is said that if you can see Croagh Patrick on a clear day when you sit in it, your wish will come true.

Note that the property traversed by this route is private and access is available by kind permission of the landowners.

The walking route takes you up the mountain along a gravel path and steps to the summit, where you will be rewarded by panoramic views of the surrounding countryside. Descend by the same route. Some interesting features populate the summit. Knocknashree rises to 275m in height, and the summit is home to two large neolithic cairns.

Route:

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Description:

Knocknashree (Cnoc na Si – Hill of the Fairies) is one of Ireland's largest Bronze Age hillforts. While not as well-known as its larger mountain cousin Benbulbin, Knocknashree is nonetheless a beautiful table top mountain which overlooks the drumlins and plains of south Sligo. Its 53 acre limestone plateau is easily accessible by a path and series of steps, offering unrivalled views as far as Croagh Patrick, which is located 80km away.

*Gheibheann cos ar siúl rud.
- a moving leg gets something (Irish Proverb).*

Knocknashree Mountain Trail



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www.sligowalks.ie

Knocknashree Mountain Trail



- Walk Category:** Upland
- Format:** Linear
- Grade:** Strenuous
- Terrain:** Path, steps, mountain trail
- Waymarking:** Red
- Trailhead:** Limited roadside parking
- Length:** 1.5 km return
- Ascent:** 120m
- Time:** 1 hour
- Minimum Gear:** Sturdy walking/trekking shoes, phone, fluids.
- OSI Map:** Series 25
- Services:** Tubbercurry/Ballymote
- Public Transport:** None. Visit www.buseireann.ie or www.locallink.ie for new routes.
- Parking:** Limited roadside parking.



Safety Notices:

If you require the help of the emergency services please call 999 or 112 and ask for Mountain Rescue. Visit www.SligoWalks.ie for safety videos and advice on how to prepare for a hike and what to do in the event of an emergency.

Follow Sligo Walks on social media for walking news, events and competitions.



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