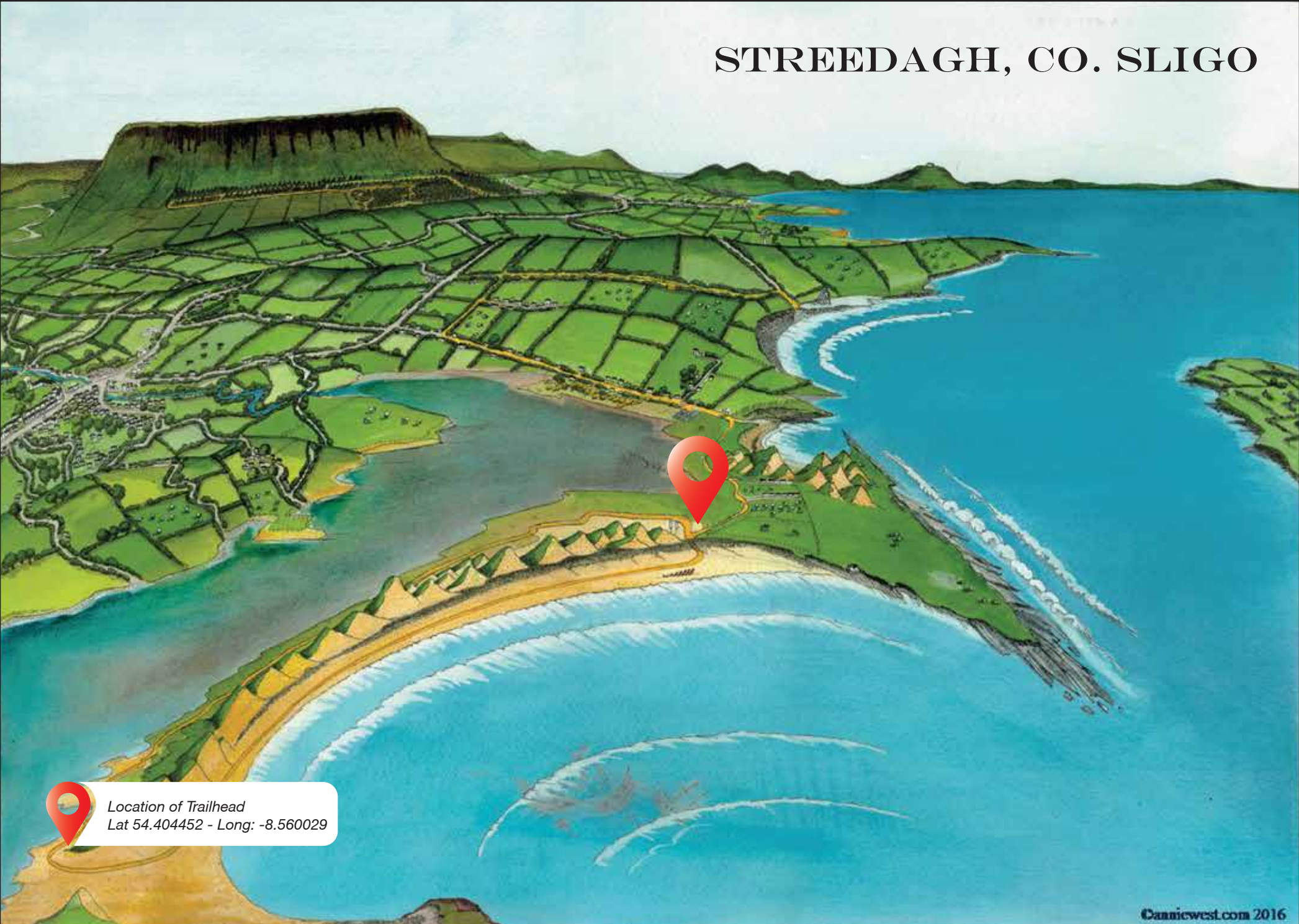


STREEDAGH, CO. SLIGO

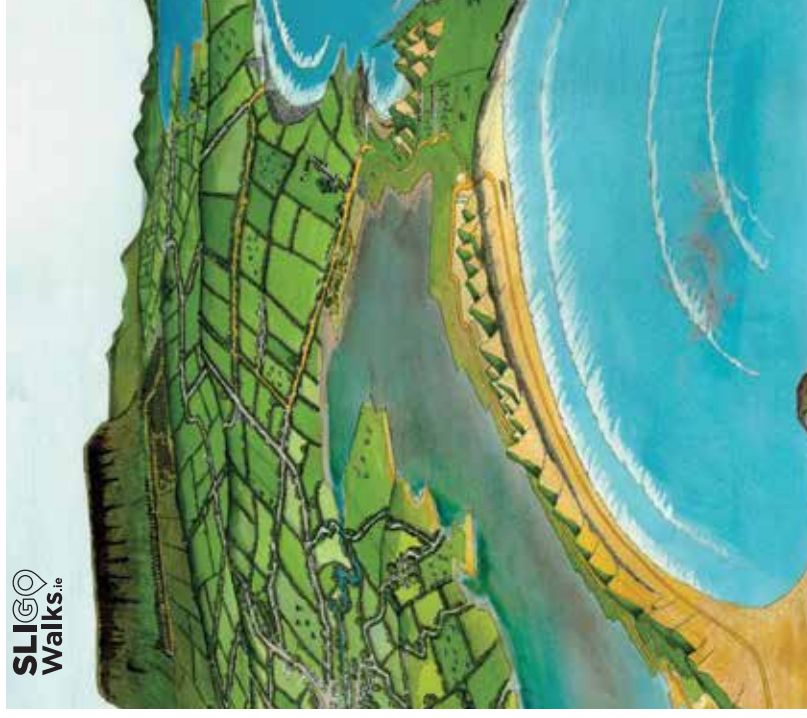


Location of Trailhead
Lat 54.404452 - Long: -8.560029

Streedagh

Coastal Walk

www.sligowalks.ie



Streedagh Coastal Walk

Ní chruinníonn cloch reatha caonach

- a rolling stone gathers no moss (Irish Proverb).



Ideal surfing conditions all year round.

The beach is popular with surfers, walkers and swimmers. Its crystal clear waters are a balm for the soul, and the beach is very popular with families. The beach is quite exposed, however, and the changes in weather were vividly described by Captain Francisco de Cuéllar of the Spanish Armada, who recalled being shipwrecked here "*with the seas up to the heavens ... on a beach of fine sand.*"

Route:

This coastal route takes the walker along a narrow strip of Atlantic coastline and shelves of rocks embedded with fossils as well as the famous Spanish Armada shipwreck site. The Armada wrecks are underwater, but at low tide you may see the remains of another shipwreck. Known locally as the Butter Boat. *The Greyhound of Whitty* sank at Streedagh in 1770 with the loss of 20 people and just a sole survivor.

Streedagh Coastal Walk

Walk Category:	Coastal
Format:	Linear beach walk
Grade:	Easy
Terrain:	Beach
Waymarking:	None
Trailhead:	Car park
Length:	6km return
Ascent:	0m
Time:	1.5 hours
Minimum Gear:	Trainers, barefoot.
OSI Map:	Series 16
Services:	Grange
Public Transport:	None. Visit www.buseireann.ie or www.locallink.ie for new routes.

Parking: Beach - **tidal lagoon, rising tides.**

Note: The car park behind the beach is adjacent to a tidal lagoon. At high tide this area may flood, and care is required when parking your car not to park close to the high water mark.

Did You Know:

Streedagh is the only beach where three Spanish Armada ships were wrecked in the one place. Usually covered in sand in shallow waters offshore, the wrecks of *La Lavia*, *Santa Maria de Visón* and *La Juliana* become visible in 1985 and again in 2015, when several cannon were recovered and brought ashore. These artefacts are now under conservation by the National Museum of Ireland. Each September Remembering the Armada, a commemorative festival, takes place at Streedagh to mark these tragic events.



The Butter Boat

Safety Notices:

If you require the help of the emergency services please call 999 or 112 and ask for Mountain Rescue. Visit www.SligoWalks.ie for safety videos and advice on how to prepare for a hike and what to do in the event of an emergency.

Follow Sligo Walks on social media for walking news, events and competitions.



#sligowalks